

Hello Hoop

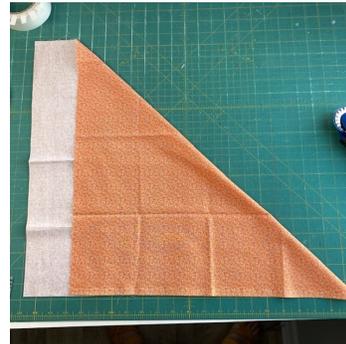


1. I selected a variety of cotton fabrics cut inot fat quarters to coordinate with the DMC colors. Simple Stitches Fabric Shop helped me put together this group.



2. Choose a print to wrap the hoop.

- Place flat side down (press if desired).



3. Fold the top right point down to the lower left until the edges line up.



4. Fold the bottom right point up to the top left corner so that the fold lines up.



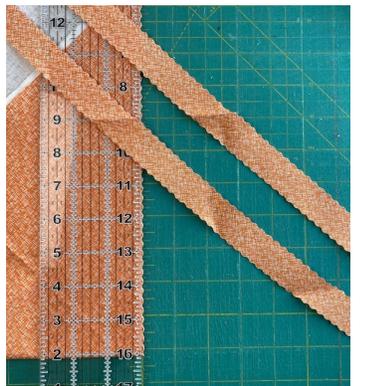
5. Line ruler up to the edge that has the double folds.



6. Trim with rotary cutter—I used a pinking blade to help with fraying.



7. Trim again to make a 1" strip.



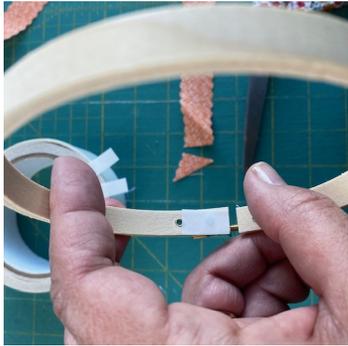
8. You will end up with 2 strips to wrap around your 4" hoop.



9. Cut 4 small pieces of Double Sided (DS) stitchery Tape—the same width as the hoop and about 1/2" long.

- Trim the end of the fabric straight across the width of the strip.

Hello Hoop



10. Use just the outside portion of the 4" hoop. Place a piece of DS tape on the inside where the wood is split for the screw.



11. Peel the paper back of the DS tape and lay the fabric strip into the exposed tape. Line up the edge of the fabric with the edge of the hoop.



12. Wrap the fabric around the hoop perpendicular to the edge of the hoop. Pull on the fabric a little—since fabric is cut on the bias, it will have a little give.



13. Continue to wrap around the hoop, now running the fabric strip at a slight angle. Overlap about halfway and pull a little each time with the give of the fabric.



14. You will need to stop & start fabric strips. Place a piece of DS tape inside the hoop—halfway on the fabric & on the wood.



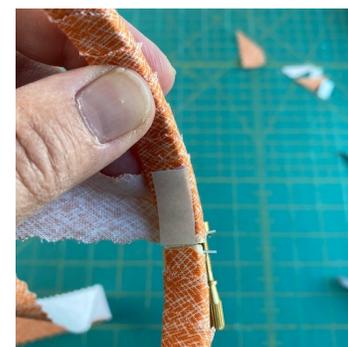
15. Remove the paper backing of the DS tape. Lay the fabric strip into the exposed tape. Trim fabric to the edge of the hoop.



16. Place another piece of DS onto the back of the hoop—again, halfway on the fabric and hoop.



17. Remove paper back. Cut the end of the new fabric strip at a slight angle so that you can continue with the angled wrap around the hoop.



18. Wrap to the opposite end of the hoop. End the fabric strip in a similar manner to step 14 & 15.

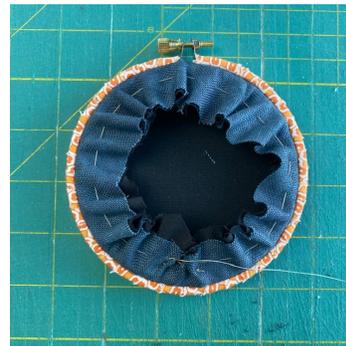
Hello Hoop



19. I put a piece of black cotton fabric behind my stitched piece. Center the hoop over the design. Tighten the screw & adjust as necessary.



20. Trim the linen & cotton fabric to 3/4"-1" from around the edge of the hoop.



21. Needle up with lacing thread. Secure with a knot and gather the back with large basting type stitches.



22. Lace back & forth as necessary to tame the bulk on the back.



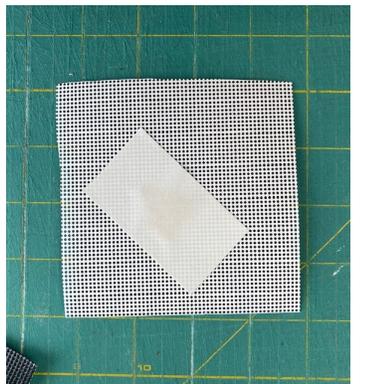
23. Place the Hello hoop onto a piece of coordinating woolfelt. Trim around with a fabric scissors.



24. Slip stitch the woolfelt in place by running the needle & lacing thread through the wrapped cotton into the woolfelt.



25. I wanted to decorate my hoop with extra leaves from the larger framed piece. I originally used black perforated paper. For the cover shot—I changed to a Kraft brown perforated paper.

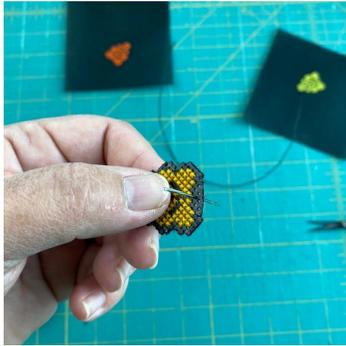


26. Cover the back of the stitching on perforated paper with DS tape.

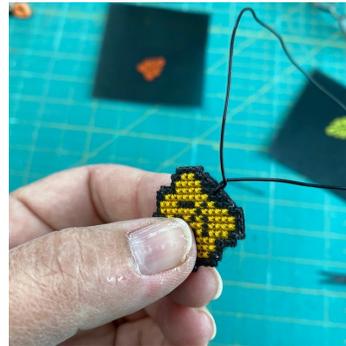


27. Peel paper backing and place a bit of woolfelt in the exposed tape.

Hello Hoop



28. Trim the woolfelt & perforated paper leaves 1 block away from the stitching except on the bottom of the leaf. Leave an extra row of blocks. Open a hole through the woolfelt with the tip of a needle.



29. Cut a 12" piece of wire. Run the wire through the perforated paper and the hole until it is about half-way. Twist the wire to secure the leaf in place. Curl 1 end around a pencil.



30. Wrap the other wire end through the screw mechanism. Repeat for a 2nd leaf. (I was going for 3 leaves but decided 2 was enough.)



31. Loop ribbon through the screw for a hanger. I also tied a bow around the base of the screw & positioned the wired leaves as I wanted.

Enjoy!



Vintage Quilt Pillow

1. Gather coordinating fat quarters of cotton fabrics. I chose 5 various prints & colors.



2. Cut several 1 1/2" strips out of the cottons.



3. Pair the strip up—have fun with it! Sew together with 1/4" seam.

Press the seam to 1 side & sew a 3rd strip to each grouping.



4. Subcut your 3 strip wide sections 1 1/2" across the strip.



5. Have fun laying out your pieces. Make a line 3 strip pieces high and 9 strips wide.

Hello Hoop



6. Photo shows how I
laid my pieces out. I
didn't worry about pat-
tern or placement.



7. Sew the sections together
to complete the row with
1/4" seam. Take care to
keep them in the order you
chose.

- Press your strips & sew to-
gether with 1/4" seam.



8. Place pieced &
pressed cotton onto bat-
ting (I use Warm & Natu-
ral cotton batting).



9. I quilt in a cross hatch
type of pattern—I don't
mark it but you can use a
disappearing Frixion pen
if desired to mark your
sewing lines.



10. I make the magic
happen by washing my
quilted piece in warm
water & drying in the dry-
er—it gives it that well
loved look.



11. I put a piece of black
cotton under the stitch-
ing. Cut a 2" strip of fab-
ric, fold to 1" & press.



12. Place the fabric strip
1/4" away from the
stitched image—fold side
facing the stitching.



13. Sew 1/4" away
from the folded edge.



14. Trim the linen, black cotton & fabric strip 1/4" away from the
sewing line.

- Square up the quilted piece by trimming the batting & edges.

Hello Hoop



15. Line the quilted piece up to the edge of the stitched piece & sew together through the seam line created in the previous steps.



16. Press the folded fabric towards the quilted panel. Trim the entire piece: 3/4" away from the stitching across the top & bottom as well as the left side. Trim the right side through the quilting to desired width. I left approximately 5 1/2" showing.



17. Decide which fabrics you would like for the back. I lined up another piece of folded fabric along one straight edge, folded edge facing in.



18. Sew 1/4" away from the folded edge & trim 1/4" away from sewing line.



19. Lay the wrong side of the trimmed piece on the right side of the 2nd fabric edge—leave about 1/2" sticking up above the trimmed side.



20. Sew through all layers along the previous sewing line but leave a break in the middle of the seam for turning (between where my fingers are pointing). Do not trim extra fabric that that was sticking up in the previous step.



21. Place the pillow front & back with right sides together—match up the folded fabric. Sew around all 4 edges with a 1/4" seam.



22. Trim the edges & corners & turn through the opening in the back of the pillow. Push out the corners with a pointed needle. Stuff with roving or fiberfill. Slip stitch the opening closed under the folded fabric.



23. Tie a sweet piece of Baker's Twine around your pillow & enjoy!